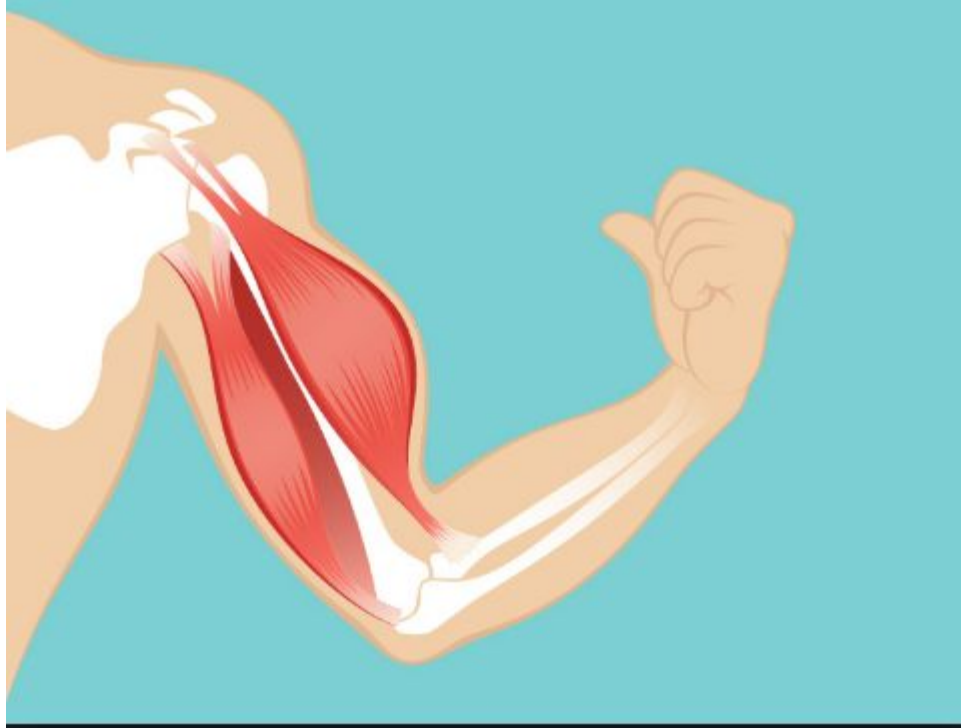


getting ready



summer writing



[Healthline](#)

If I want to build muscle and get stronger, what do I need to do?

# Writing requires muscles in your brain...

Exercising our brain's writing muscles:

- Makes writing less scary
- Helps us write more quickly
- Helps us write longer
- Helps us write more words
- Gives us ideas for future pieces of writing

“Notebook Time” is a short burst of time (7-10 minutes) to play with new ideas and new techniques so you can build writing muscles.

# When you see \_\_\_\_ , maybe write about... ..

A Picture	An Illustration	Data ( Chart, Graph, Map, Statistic)	Words (Sentences, a Short Poem)
<ul style="list-style-type: none"> <li>- What do you see?</li> <li>- What do you NOT see?</li> <li>- What do you wonder?</li> <li>- What does this image make you think about?</li> <li>- How does the image make you feel or react?</li> <li>- What is the story behind the image?</li> <li>- What writing might come out of this picture?</li> </ul>	<ul style="list-style-type: none"> <li>- What idea is the illustrator/ writer communicating?</li> <li>- What do you wonder?</li> <li>- What does this image make you think about?</li> <li>- How does the image make you feel or react?</li> <li>- Make your own version of the same illustration!</li> <li>- What writing might come out of this illustration?</li> </ul>	<ul style="list-style-type: none"> <li>- What is this data showing?</li> <li>- What is this data NOT showing?</li> <li>- What do you wonder?</li> <li>- What story (or stories) is this data trying to tell?</li> <li>- What writing might come out of this kind of data?</li> </ul>	<ul style="list-style-type: none"> <li>- What jumps out at you in this writing? What do you <i>notice</i>? What do you <i>like</i>?</li> <li>- How are the pieces of this writing put together?</li> <li>- What do you notice about the writer's punctuation?</li> <li>- What do you notice about the writer's word choice?</li> <li>- What can you take from this writer and put into your own version of this sentence/ poem?</li> </ul>

I'll go.



[New York Times Picture of the Week](#)



Pam Hamilton  
@allpey

Let's Go Together.



WA Smith Johnson Anderson

OR Smith Johnson Miller

ID Smith Johnson Anderson

MT Smith Johnson Anderson

ND Johnson Anderson Olson

MN Johnson Anderson Nelson

WI Johnson Smith Anderson

MI Smith Johnson Williams

NY Smith Williams Brown

VT Smith Brown Johnson

NH Smith Brown Johnson

ME Smith Brown Johnson

MA Smith Johnson Sullivan

RI Smith Brown Johnson

CT Smith Johnson Brown

NJ Smith Williams Johnson

DE Smith Johnson Brown

MD Smith Johnson Jones

VA Smith Johnson Jones

NC Smith Williams Johnson

SC Smith Williams Brown

GA Smith Williams Johnson

FL Smith Williams Johnson

TX Garcia Smith Martinez

LA Williams Smith Johnson

MS Smith Williams Johnson

AL Smith Williams Johnson

TN Smith Johnson Jones

OK Smith Johnson Williams

AR Smith Williams Johnson

MO Smith Johnson Williams

IL Smith Johnson Williams

IN Smith Miller Johnson

OH Smith Miller Johnson

PA Smith Miller Williams

WV Smith Miller Johnson

CO Smith Johnson Martinez

NE Johnson Smith Miller

IA Smith Williams Anderson

KS Smith Johnson Miller

UT Smith Johnson Anderson

NV Smith Johnson Garcia

WY Smith Johnson Miller

AZ Smith Johnson Garcia

NM Martinez Garcia Chavez

CA Garcia Hernandez Lopez

AK Smith Johnson Williams

HI Lee Wong Kim

# You go!

(you can do it!)



**Lin-Manuel Miranda**

@Lin\_Manuel

Following



Gmorning.  
Give me all the words  
in all the languages from all the alphabets  
And three lifetimes  
I'll need all three to find the right words  
to describe  
how good it is to see you again  
Go get em today

8:56 AM - 10 May 2018

1,980 Retweets 11,104 Likes



168 2.0K 11K